

The Swainsboro Kiwanian

November 3, 2009

President David Bartram called the weekly meeting to order promptly at 7:00. Bobby Seamans led the Pledge of Allegiance, and Bob Losser offered the invocation. We had a fairly good turnout of Kiwanians and guests for the meeting.

Guests: Petite Garrett was the guest of Travis, and Michael Wilkes was the guest of his cousin Jesse Hackle. As always, we are happy to have these guests join us for our meetings.

Next week will be the second Tuesday, and Tobe Karrh, John Black, Jimmy Morgan, L.H. Weise, and Caroline Harless are invited to bring a spouse or guest.

Sports: Tobe Karrh brought us the weekly sports report. Swainsboro High and ECI both won big, and DEA lost. Georgia Tech beat Vanderbilt, Georgia lost to Florida, and Michigan State lost to Minnesota. Duke beat Virginia, and Tennessee beat South Carolina. The Falcons lost to the Saints. I'm sure there'll be more sports next week.

Court: Judge Charles Brewer could not find any infractions worthy of a fine, so he adjourned court. He did note, however, that some birthday money had been turned in to the court.

Kiwanis Vote: The club membership voted to accept the recommendation of the Board of Directors that dues be increased to \$40.00 per month. This vote had been announced to the club and published in the weekly bulletin for the past two weeks. The change takes effect in December.

Octoberfest Report: Tim Goodman reported that the Octoberfest, held last Saturday night was quite a success. He said that there seemed to be more younger children present than at some of the past celebrations. I suspect that with all the

candy given out, dentists may be quite busy. Tim expressed thanks to all who helped, both the Kiwanians and their spouses.

Veterans' Program: Everyone is invited to the Veterans' Program at 3 P.M. Sunday at Franklin Memorial Library.

Program: Program Chair Ed Bolton invited Dr. Jimmy Ray to present the program. Dr. Ray brought an interesting and informative program on Alzheimer's disease. Alzheimer's disease is one of several forms of dementia. While some forms of dementia can be reversed and cured, Alzheimer's cannot. Dr. Ray recommended that if someone thinks he has dementia or is told that he may have it, that person seek a medical evaluation to determine what it is and if treatment is available. There are drugs that can slow the progression of Alzheimer's, but not reverse it. If someone is a caregiver for an Alzheimer's patient, Dr. Ray suggested that they keep a positive attitude, seek help, be understanding, keep a sense of humor, and take care of themselves. To prevent the disease, Dr. Ray recommended following a heart-healthy diet including fruits, vegetables, nuts, beans, and fish, especially dark fish. We thank Dr Ray for coming and presenting this program to the club.

Door Prizes: Chip Durden provided a chocolate layer cake, Petite Garrett baked it, and Jesse Hackle won it. Dr. Ray won the Domino's pizza, provided by Chris Cann. Paul Cerpovicz and Gary Couse won the take out meals.

Coming up: Program Cake

November 10	Ron McCrosky	???????
November 17	Travis Garrett	Gary Couse
November 24	Gary Couse	John Blackburn
December 1	David Bartram	Dwight Watt
December 8	Jason Johnson	L.H. Weise

The Swainsboro Kiwanian (530-500) is published weekly by the Swainsboro Kiwanis Club, P.O. Box 3, Swainsboro, GA. Issue date November 3, 2009. Postmaster: Send Form 3579 to Swainsboro Kiwanis Club, P.O. Box 3, Swainsboro, GA 30401. Periodicals Postage paid at Swainsboro, GA 30401.