

The Swainsboro Kiwanian

May 6, 2008

President Bob Losser called the meeting to order promptly at 7:00. Charles Brewer led the club in the Pledge of Allegiance to our flag, and John Black offered the invocation. We were pleased to have Bobbie Daughtry and Carol Canady with us tonight.

Sports

Sports reporter Tobe Karrh opined that if we could arrange for the Braves to play Cincinnati all the time, they might do pretty good. For the basketball fans, let it be noted that the Atlanta Hawks were blown out of the playoffs by the Boston Celtics. So much for that!

Court

Judge Charles Brewer recessed court for the evening. He said there were not enough Kiwanians present to put together a jury. I don't ever remember having a trial by jury anyway!

Announcements

Next Sunday is Mother's Day, and Sunday dinner at the Coleman House will be by reservation. Call if you want to treat your wife and/or mother to dinner that day.

Saturday is Pine Tree Festival Day. The Kiwanis Club has been invited to sit on the reviewing stand for the parade and be present for the awarding of the jacket to the Grand Marshal. Ceremonies get underway at 10:00, with the parade beginning at 11:00.

Some events are happening Wednesday and Thursday, before you receive this bulletin. Wednesday, the State Timber Competition gets underway, with a number of guest speakers who will highlight some aspects of the forestry industry. On Thursday, Governor Sonny Perdue will be in Swainsboro to sign a forestry conservation bill.

The Knotty Pine Run will be Saturday morning, with the registration table opening at 6:30 and the race getting underway at 8:00. Tim Goodman is counting on everyone being in their place then. President Bob will be ferrying runners to the starting line in a van generously provided by Daniel's Chevrolet. Tim says stay off the road between 6:30 and 8:00. At this point, twenty-six runners have signed up, but Tim feels like we'll have another twelve or fifteen to show up on race day.

The Pine Tree Festival Tabloid was published last week, and the club thanked Tim for the outstanding work that he did on the tabloid.

Next Monday afternoon, from 5:00 to 7:30, Swainsboro Middle School will be having an International Festival. Everyone is invited to come out and support the Middle School students.

Program



Jo Greenway and L.H. Weise

Program chair tonight was L.H. Weise, and he brought Jo Greenway of the Emanuel Medical Center, who presented a very educational and informative program on strokes. May is National Stroke Month, and strokes are the third leading cause of death in the country. A stroke occurs when the blood supply to the brain is cut off. Jo told us about some signs of stroke that we should be aware of.

1. Sudden numbness or weakness of the face, arm, or leg, especially on one side of the body.
2. Sudden confusion, trouble speaking, or understanding.
3. Sudden trouble seeing in one or both eyes.
4. Sudden trouble walking, dizziness, loss of balance or coordination.
5. Sudden severe headache with no known cause.

If you experience any of these symptoms, Jo says you should call 911 or have someone drive you to the emergency room immediately. It is important that those treating you know when the stroke started, and they will ask you some silly sounding questions to try to determine that. For certain type of strokes, a clot busting drug can help if administered within three hours of the onset of the stroke.

To help prevent strokes, eat healthy, exercise, control your blood pressure, manage your diabetes, and stop smoking.

Thanks to L.H. for arranging the program and to Jo for a very interesting and informative presentation.



Kiwanis Bike Riders



Gary Couse, Dwight Watt, John Torpy, Bob Losser, Jim Daughtry, Paul Cerpovicz

Door Prizes

David Bartram provided a pound cake with chocolate cream cheese icing, baked by Petite Garrett. Adi Galloway was the winner. Tobe Karrh won the Domino's Pizza, provided by Chris Cann, and the take out meals were taken by Gary Couse and Raymond Hendrix.

Night Out on Kiwanis

As our Night Out on Kiwanis continues, we are back to the second Tuesday. The following are invited to bring a spouse or guest to the meeting: Tobe Karrh, John Black, Jimmy Morgan, L.H. Weise, Bill Rountree, Caroline Harless, and Chris Ramsey. For the following week: Ron McCroskey, Jim Hendrickson, Gary Couse, Chip Durden, Charles Brewer, Raymond Hendrix, Bill Breedlove, and Dwight Watt are invited to bring a guest.

Kiwanis Kalendar

	Program	Cake
May 13	Paul Cerpovicz <i>Mother's Day Celebration</i>	
May 20	Chip Durden	Chris Ramsey
May 27	????????	Bill Rountree
June 3	John Blackburn	Stacy Barber
June 10	Gary Couse	Bill Breedlove
June 17	Adi Galloway	Jim Dekle

May 13: Joelle Cerpovicz will talk about her recent trip to Italy and the Mediterranean diet.

May 20: Program will be presented by Jane Durden.

The Swainsboro Kiwanian (USPS 530-500) is published weekly by the Swainsboro Kiwanis Club, P.O. Box 3, Swainsboro, GA. Issue date May 6, 2008. Postmaster: Send Form 3579 to Swainsboro Kiwanis Club, P.O. Box 3, Swainsboro, GA 30401. Periodicals Postage paid at Swainsboro, GA 30401